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Wash clothes in cold water; adjust water level as needed	Check whether all your bulbs are LED	Let clothes air-dry instead of running the dryer	Buy ENERGY STAR-rated appliances when shopping online	Put timers on electronics for well-being and to save energy
Caulk and weatherstrip around windows & doors	Visit www.energy.gov to learn more about energy conservation & efficiency	Install a programmable thermostat	Unplug electronics you aren't using to prevent vampire energy loss	Look into whether Community Solar is right for you
Check your freeze and patnry before you shop	Close curtains/blinds at night, open them during the day	*Stay Safe, StayHome*	Wear extra layers instead of turning up the thermostat	Pull out your slow cooker to make your favorite comfort food recipe
Make sure dishwasher is fully loaded before running	Clean out cupboards and closets; set aside no longer needed items to donate or sell at your next garage sale	Write friends/family a letter rather than texting or emailing	Call your utility company and thank their essential employees	Tell a story rather than watching TV/movies
You've seen the movie, but have you read the book?	Make sure you have flashlights and extra batteries in case you lose power	Play a board or card game instead of video games	Take shorter showers (five minutes)	Use a toaster oven or microwave instead of a full-size oven for smaller meals
Brought to you by Cornell Cooperative Extension of Columbia and Greene Counties and Consumer Sciences Program				
Family				
We are available to chat. Call us at 518-828-3346, x-217 or email tcm5@cornell.edu .				
More at www.ccecolubmiatgreene.org				